

RCV 05

Hello Kyung-tak,

Hope you are fine and facing a great Weekend soon. ☐☐

Yesterday I posted my reply to you. I was fast this time, cause of my Home Office day. I had not much to do this time and spent the day for my reply. I love these days.☺☺

This weekend it will get hot. The forecast tells about 36°C. So I will make my exercises tomorrow morning. Around 4 a.m. would be best for a walk for me. Or I do Qi Gong and Meditation and sleep longer... Let's see.

I am not comfortable in summer, if it's that hot. How about you?

Take care and have a great Weekend.

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